

**Welcome to the Expert Training Program in**

## **Classical Chinese Acupuncture**

This advanced training program offers a comprehensive and in-depth education in Classical Chinese Medicine, which is Acupuncture, herbal medicine and exercises. The education is designed for those seeking both clinical mastery and academic progression.

**The curriculum includes:**

- **Acupuncture**
- **Ear Acupuncture**
- **Posturology**
- **Muscle Meridians** (Fascial pathways of the meridians)
- **Psychotraumatology**
- **Chinese Herbal Medicine**
- **Personalized Project:** One-on-one clinical mentorship with Anne Marie focused on developing your own practice

Our approach to acupuncture emphasizes achieving tangible results with every treatment.

We are committed to ensuring that you experience both clinical success and personal inspiration from the very first module.

### **World-Class Educators & Academic Recognition**

Our faculty consists of highly educated international experts and individuals of deep professional and personal integrity.

The program awards 132 ECTS credits, granting eligibility for university admission throughout the European Union.

Upon completion, each student is equipped to create a therapeutic environment where true healing can occur. This ability emerges as a natural outcome of continuous

personal growth — not only as an acupuncturist, but also as a fellow human being and mentor.

Graduates can define themselves professionally, activate self-regulating healing processes in their clients, and articulate their knowledge in academic language — a skill that becomes apparent from the very first line of their written work.

### **Ongoing Support & Practical Application**

- Monthly Q&A Session: First Monday evening of each month
- Practical Training Session: First Tuesday evening of each month

### **Already an Acupuncturist?**

Welcome back!

This training will redefine your understanding of acupuncture — and your clinical outcomes. At every module, you will meet fellow practitioners who have already completed other programs but are now ready to master this level of expertise.

### **A Comprehensive Approach to Healing**

This training equips you with the full range of skills needed to offer natural and effective solutions to your clients' pain and suffering.

### **An Interdisciplinary Acupuncture Education**

Offered in both **Copenhagen and Holstebro**, this program bridges Eastern and Western medicine through an in-depth understanding of functional anatomy, enabling physicians and acupuncturists to communicate in a shared clinical language.

### **Denmark's Oldest Acupuncture Education**

Established in **1987**, this is the most longstanding acupuncture program in the country — rooted in tradition, refined through experience.

The training is taught at a bachelor-equivalent level, aligned with the national qualification framework for private education.

## Modular Structure of the Training

The program consists of **18 modules**, scheduled monthly as follows:

- Thursday: 15:00 – 21:30
- Friday: 09:00 – 18:00

Each module is supplemented by 10 engaging e-learning lessons in Classical Chinese Acupuncture, which students complete remotely from home.

The training is officially approved as a 3-year program, though the lessons are delivered over the first two years, during which exams can be completed. The third year is dedicated to clinical practice, requiring 30 hours at a clinic of your choice. Additionally, students work one-on-one with Anne Marie on a personal project aimed at enabling communication with a broad audience, ensuring that all educational materials developed for clients are of a high academic standard and validity.

## Tuition & Fees

- **Total Tuition Fee:** 59,600 DKK
- If you are already a certified and approved acupuncturist wishing to reach this advanced level, please contact Anne Marie to discuss your individual needs.
- **Written Exam Fee:** 1,500 DKK (payable to PA Association)
- **Oral Exam Fee:** 1,000 DKK (payable to examiner)

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## Payment Terms

- **Deposit:** 10,000 DKK due after enrolment, upon which e-learning access is granted.
- The remaining balance can be paid in 10 to 20 monthly instalments, arranged by agreement.
- If your employer covers the training costs, the instalments are deducted from your gross salary, which will reduce your taxable income, effectively lowering the financial impact by approximately half of the tuition fee.

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## **What is Included in the Tuition?**

- Approved acupuncture education at the highest level in Denmark
- Comprehensive coverage of all acupuncture facets: needles, acupressure, herbs, exercises, and dietary guidance
- The best teaching materials available, in full colour with clear images and conclusive explanations designed to avoid misunderstandings
- Clinic management
- Auriculotherapy (Ear Acupuncture)
- Posturology
- Muscle Meridians
- Psychotraumatology
- Practical training ad libitum, or until you reach Anne Marie's level of proficiency

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## **Accommodation**

Participants traveling from Norway and Sweden are offered accommodation at the clinics for 100 DKK per night.

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## **Master the Art of Classical Chinese Acupuncture**

In this expert-level training, you will learn to identify the root causes of disease, understand them within the context of each client's unique personal history, and communicate clearly what is needed to restore balance and health.

Whether working with conditions such as cardiac or liver insufficiency, you will develop the ability to diagnose underlying dysfunction and provide individualized guidance to effectively regulate organ function.

This comprehensive and clinically oriented approach allows for significant — and in most cases, sufficient — improvement in chronic conditions, using the advanced diagnostic and therapeutic methods taught throughout the program.

## Extensive In-Person Instruction

533 face-to-face classroom hours

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## Additional Specialized Training Included

- Auriculotherapy (Ear Acupuncture)
  - Posturology
  - Myoreflex Therapy
  - Psychotraumatology
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## Clinical Practice – 400 Hours

- Hands-on training with your own patients at home
  - Practical sessions with fellow students during class
  - Clinical internships at professional acupuncture clinics
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## Optional Academic Assignment

Students have the opportunity to complete a **written elective project**, allowing for deeper exploration of a chosen subject.

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## Practice Management – 10 Hours

Offered as a complimentary **e-learning module** provided by our partner organization, **PA** (Professional Acupuncturists Association).

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## After the Acupuncture Training

First Aid – 12 Hours

Mandatory first aid training is included.

Refresher training (4 hours) must be completed every six months.

These refresher sessions are organized free of charge by PA.

### **Prerequisites Before or During the Program**

All students must complete the following foundational courses:

- Anatomy & Physiology – 200 hours
- Pathology – 100 hours

These can be taken online from various institutions across Denmark. We can assist in arranging a final examination, if needed.

If you have already completed these subjects as part of a previous education, they do not need to be repeated.

We support every student through this process. Feel free to call us — we're happy to guide you on how to fulfill these requirements.

## **Core Competencies Acquired by Students**

### **Pulse Diagnosis**

We guarantee that all students master classical pulse diagnosis.

Using pulse findings alone, students learn to select precise acupuncture points.

Pulse diagnosis also forms the basis for meaningful self-care advice, supporting a therapeutic alliance that improves clinical outcomes and meets client expectations.

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### **Tongue Diagnosis**

Students are guaranteed to master tongue diagnosis and learn to apply it to both well-known and less commonly described imbalances and diseases.

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### **Facial Diagnosis**

Students will master facial diagnosis, enabling them to identify both inherited tendencies to illness and imbalances caused by lifestyle factors.

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### **Classical Acupuncture**

We guarantee that all students can confidently apply Classical Acupuncture and understand its physiological and philosophical foundations, based on the physical laws of the universe, across multiple dimensions:

- **Two dimensions:** Yin and Yang
  - **Three dimensions:** Yin, Yang, and Qi
  - **Four dimensions:** The compass directions – North, South, East, and West
  - **Five dimensions:** The Five Elements – Wood, Fire, Earth, Metal, Water
  - **Six dimensions:** The Six Meridian Systems
  - **Seven dimensions:** The Seven Emotions
  - **Eight dimensions:** The Eight Extraordinary Meridians
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## Pain Management

Students are guaranteed to:

- Distinguish between types of pain: musculoskeletal, nociceptive, and dissociative
  - Apply expert knowledge for identifying and treating root causes
  - Receive an introduction to effective symptom-focused methods such as **Master Tung** and **Dr. Tan's acupuncture systems**
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## Trauma Treatment

Students receive:

- Expert-level knowledge
- Individualized mentorship
- Deepened empathy and insight into trauma treatment through clinical practice

The training prioritizes understanding the root causes that prevent the body from healing itself.

Students gain the knowledge needed to avoid retraumatization — trauma treatment is approached **exclusively through physical methods**.

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## Patient Encounters

Students are well-prepared to meet and work with clients and are expected to achieve the same level of clinical success as their instructors.

They learn to view presenting symptoms in the context of a client's life story.

*We do not treat imbalances or diseases — we treat people whose life experiences have created those conditions.*

Students are encouraged to bring even the most complex cases to class, as they will be supported by experienced and successful instructors.

### **A Supportive Learning Environment**

Throughout the entire acupuncture program, **students are respected, supported, encouraged, and affirmed** — both professionally and personally.

### **Registration**

Register by sending an email to Anne Marie at **klinik@ny-energi.dk** informing her that you will participate.

Anne Marie will then send you an invoice with a deposit of DKK 10,000. Once the payment is made, you're all set.

A very warm welcome from

**Anne Marie Bering**